

ACUPUNCTURE and Traumatic Brain Injury (TBI)

50% Off for Vets

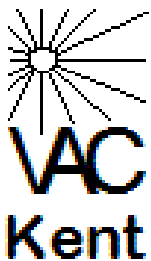
**If you have Phantom Limb Pain, PTSD,
or Depression,
your treatments will be FREE!**

Mark Reinhard, B.E.E., L.Ac./E.A.M.P
Bachelor of Electrical Engineering
Licensed Acupuncturist/
East Asian Medical Practitioner

OFFICE HOURS:

Monday thru Friday 9AM to 7PM
Saturday 9AM to Noon
By appointment only.

Valley Acupuncture Center



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FEES

For vets with Phantom Limb Pain, PTSD, or Depression, your treatments will be free.

For all other conditions for vets, your fees will be:

First Visit \$40.00
(Typically 1-1/2 hour)

Follow-up visits \$25.00
(Typically 1 hour)

For Electro-Acupuncture and FSM treatments add \$5.

Or all Others:

Acupuncture (Basic Treatment)
Initial Visit \$110.00 (takes about 1-1/2 hours)
Followups \$60 (takes about 1 hour)

Cupping or Moxa/Infrared Add \$5
Herb Consult-Initial \$35
Followup \$20
FSM (Non-needle electro-acupuncture)
Initial \$110
(Initial visit usually takes 1-1/2 hours but treating PTSD/stress will take 2-1/2 hours and costs \$170)
FSM (Non-needle electro-acupuncture) \$60/hour
Herbs & Supplements \$1 to \$38

House Calls add \$60/hr. for travel time
Bach Flower Remedies \$15
(Individually prepared just for you)

You can pay by cash or check. I no longer bill insurance.

DRIVING DIRECTIONS

From I-5 Northbound or Southbound:

Get off at the Kent-Des Moines Rd. exit towards Kent. Follow it down the hill and across the valley. Turn Left onto Central Avenue. Then turn Right when you get to James Street. Turn Left at Alvord Avenue North. Alvord is the first cross street past the church you will see on the Right.

Our address works in mapping applications.

Treating traumatic Brain Injury

There are two main treatment protocols I use in Treating TBI. They are Scalp Acupuncture and Frequency Specific Microcurrent (FSM).

Scalp Acupuncture

This is one of the microsystems used in acupuncture, where the whole body is reflected in a part of the body (here the head). Most of the places we needle in scalp acupuncture are over the part of the brain that controls that function. So if I'm treating the arm or leg, I use the areas over the Motor and Sensory area of the brain. Scalp acupuncture is best known for treating strokes. I have had to use it to treat myself for a stroke and am an expert in this method having developed more effective needling techniques and a better understanding of treating vision problems.

About frequency Specific Microcurrent (FSM)

FSM is a needle-less form of electro-acupuncture. Specifically it is a form of Inferential Electro-acupuncture although the F.D.A. licenses the machine as a form of TENS to treat pain. And it is good at treating many kinds of pain, even difficult cases. And all without needles! So it's a great way to treat someone who is afraid of needles. This technique is based in research done in the 20's and 30's. In 1934, the A.M. A. decided that M.D.'s could only do drugs and surgery.

Starting in 1995, Dr. McMakin, a chiropractor in Portland, started using it and developed the technique as it is today. Microcurrent in general has been proven by research to increase ATP (the energy source inside cells) by 500%! That's just from keeping the current below 500 microamps when using electrode pads and below 20 microamps when using needles. Then there's the effects of the frequencies. You put the frequency that's supposed to be associated with the tissue type involved with the condition is put in the first channel. The other channel is put to the frequency supposed to be associated with the condition that the tissue is bothered by. If you guess correctly for both frequencies, you will treat that tissue with that problem. There are frequencies for many tissues and conditions. At least that's the theory. Of course the FDA doesn't recognize any of this. Generally, if it works it works but rarely are there no negative effects. There are some generally pleasant side effects due to the increase of endorphins and serotonin that relax you and can make you feel kind of high. But acupuncture can do that too. Just different mechanisms. For treating TBI I use FSM to treat the inflammation and the toxins released by the dying cells to minimize the amount of cell death. It can also stop minor bleeding. The acupuncture is better at treating loss of

function, but I have developed an FSM protocol to make the acupuncture work better even in chronic cases. Both are good at treating pain. I can also treat concussions and PTSD.

To learn more about FSM, read:

"The Resonance Effect" by Carolyn McMakin, © 2017 by Carolyn McMakin, Published by North Atlantic Books, Berkeley, CA.

You can also see her website at: <https://frequencyspecific.com>.

If you have any questions or would like to talk with me about your case, just call e at 206-850-7999 or you can e-mail me at info@vackent.com.

More information is available on my website: www.vackent.com

