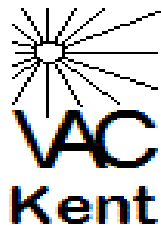


WELCOME TO OUR CLINIC



Valley Acupuncture Center

755 Alvord Ave. N.

Kent, WA 98031

www.vackent.com

Cell: 206-850-7999

Fax: 253-852-5516

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Rev. 1/5/2024

ABOUT THE PRACTITIONER

Mr. Reinhard graduated from Georgia Tech in 1981 with a degree in Electrical Engineering. He then moved to Seattle to work for Boeing. With his long interest in bioelectric phenomena especially the electric properties of acupuncture points, he went to the Northwest Institute of Acupuncture and Oriental Medicine (NIAOM) where he graduated in 1990. He soon founded Valley Acupuncture Center where he has been practicing ever since. After having a stroke in Dec. 2015, he began treating himself with Scalp Acupuncture. It was then that he learned that it could also treat Phantom Limb Pain. Knowing the poor results of traditional treatments, he felt it was his duty to offer his services to the VA. It was then that he learned that the VA does not allow licensed practitioners to volunteer at their clinics! He then realized he would have to treat those patients at his own clinic. Thus, this brochure.

You'll find more information on how acupuncture works on my website:

www.vackent.com.

Our clinic has been in Kent since 2003. We are handicap accessible.

Office hours:

Monday thru Friday 9AM to 7PM

Saturday 9AM to Noon

By appointment only.



As you can see I work out of my home. There's plenty of parking, and is quiet. It also allows me to be flexible on my work hours when necessary.

DRIVING DIRECTIONS

From I-5 Northbound or Southbound:
Get off at the Kent-Des Moines Rd. exit towards Kent. Follow it down the hill and across the valley. Turn Left onto Central Avenue. Then turn Right when you get to James Street. Turn Left at Alvord Avenue North. Alvord is the first cross street past the church you will see on the Right.

Welcome to Valley Acupuncture Center!

Giving you the best and finest quality health care possible is our sole purpose. To permit ready access to the acupuncture points and minimize the need to disrobe, please remember to wear loose-fitting clothing to the clinic. In consideration of our multi-allergy prone patients, please refrain from wearing any cologne or perfume.

For best results during treatment, please schedule your activities so that you do not come into treatment with a full stomach or hungry, just after sexual activity, or when extremely tired. After treatment, take it easy and assimilate the effects of the treatment for a few hours, if possible. At the least, do your best not to be "very busy" and/or strenuously exerting. Wait at least an hour to eat a full meal. While undergoing acupuncture treatment, you will benefit most by refraining from excessive use of caffeine, cigarettes, alcohol, and other drugs. Such strong influences on autonomic functioning can override the autonomic regulating effects of acupuncture.

Your body will heal itself at its own rate. Please do not try to help things with additional self-administered remedies unless prescribed. If you are taking any herbs or supplements, please let your acupuncturist know what they are. You will be helping yourself by getting enough sleep, proper nutrition and recreational exercise, as well as avoiding, if possible,

CLINIC FEES

I have decided that because of the crisis in suicides I will treat anyone with depression for free. I also treat vets who are suffering from PTSD, and Phantom Limb Pain for free and vets suffering from other conditions for more than 1/2 off. That is my gift to the community.

Acupuncture (Basic Treatment)
Initial Visit \$100 (takes about 1-1/2 hours)
Followups \$50 (takes about 1 hour)
Electro-acupuncture Add \$10
Cupping or Moxa/Infrared Add \$5
Herb Consult-Initial \$35
Followup \$20
FSM (Non-needle electro-acupuncture) Initial \$110
(Initial visit usually takes 1-1/2 hours but treating PTSD/stress will take 2-1/2 hours and costs \$165)
FSM (Non-needle electro-acupuncture) \$60
(Followup visits usually takes 1 hour but treating PTSD/stress will take 2 -1/2 hours and costs \$150)

Herbs & Supplements \$1 to \$38
House Calls add \$60/hr. for travel time
FSM and Bach Flower Remedies \$5 for a 1/2 oz bottle and \$10 for a 1 oz. bottle
(Individually prepared just for you)

Fees subject to change without notice.

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stressful situations. You will serve yourself well by setting aside some time each day for complete mental and physical relaxation.

As we begin assisting you in correcting your condition, follow the home instructions which your acupuncturist may give you. These may include such therapies as hot or cold applications, prescribed exercises, diet, herbs or supplements, or self-massage for specific points on your body.

Make mental notes when you feel better and tell us. If you have an "off day", we want to know that too. Feel free to ask any questions about your health at any time. If you have an emergency, and it's not life-threatening, do not hesitate to call me at (253) 852-5506 any time, day or night. If we're not available to answer your call, please leave a message and we will return your call as soon as we can.

If you ever find it necessary to change or cancel your appointment, please try to give as much advance notice as possible, at least 24 hours. It is important that you get into the habit of keeping your

appointments, because this will facilitate your correction timetable, leading to the most successful results.

As you improve, please tell others. Your friends or family's health may be helped by your taking the time to explain this natural health care method to them. Your encouragement and sharing your improvement may be what they need to trust that their health problems can also be helped with acupuncture care.

Your health and well-being are very important to us. We will do our best to assist you, and you can help yourself best by

following through with the recommendations that we give you. This is how results are accomplished. It's teamwork.

CLINIC POLICIES

- The best care can be provided only on the basis of mutual understanding. We, therefore, encourage you to discuss any questions you may have regarding our policies.

We make every effort to keep on schedule to serve you. However, we realize that situations do arise in all medical practices that can cause delays. May we remind you that we are setting your appointment time aside for you. If you arrive late for your appointment, your treatment will be adjusted to fit into the time remaining. If you cannot make the appointment, it is necessary that you inform us as soon as possible (at least 24 hours in advance). Late arrivals and appointments missed without proper notice will be billed at the current clinic rates. We sometimes have to turn away patients because our schedule is full. You can imagine how frustrating no-shows and last minute cancellations must be.

Fees and Payment Policies:

The fees charged in this office are comparable to those charged by other practitioners with similar qualifications in this geographic area. Fees are payable in full following each office visit. We accept cash and checks. An additional charge of \$35 will be made for all returned checks.

Insurance:

I do not bill your insurance company. However, most insurance companies will pay for acupuncture care, however, the amount of coverage, deductibles, co-pays, co-insurance, number of visits allowed and any other limitations of coverage varies with individual policies. We suggest you contact your insurance company to verify the nature of your individual coverage before you schedule your first visit. I will provide you with a receipt for your treatment to help you in submitting to your insurance company if you want one.

Your insurance policy is a contract between you and your insurance company. It is important that you understand its provisions. We cannot guarantee payment of your claims, nor can we accept the responsibility of negotiating claims with insurance companies or other persons. Reduction or rejection of your claim does not relieve you of the financial obligation you have incurred.

Gift Certificates: Give your friends and loved ones the gift of health! Gift Certificates are available for all services we offer.